

## **BOAT SAFETY CHECK LIST:**

Before and after rowing – Check:

- the boat is not listed as under repair or is damaged in any way. If it is damaged - report it immediately to a Captain, the Coach or the Equipment Officer and record it on the maintenance board at the front of the shed. Alternatively send an email to <u>BairnsdaelRC@gmail.com</u>
- the bow ball is present and firmly attached (white rubber ball of at least 4cm)
- riggers are secure
- seat wheels function smoothly
- foot stretchers and shoes are secure
- heel ties are tied securely and do not permit the heel to lift more than 7cm off the foot stretcher - also check release of the shoes can be operated with one hand
- slides are aligned
- wing nuts are secure
- hatch covers are tightly closed
- rudder lines, steering mechanism, rudder and fin are not damaged and are working
- clean the boat inside and out after use